

## Curriculum Vitae

### **Dr Dora Whittuck**

BSc (Hons), DClinPsy, CPsychol  
Consultant Clinical Psychologist

#### Summary

I am a highly experienced consultant clinical psychologist with over 20 years of expertise in intellectual disabilities, autism, ADHD, trauma and mental health. As an expert witness I specialise in the assessment of adults in the context of Family Proceedings, Mental Health Review Tribunals, EHCP Tribunals and Court of Protection Proceedings. I also have experience with forensic issues (risk assessment, pre-sentencing reports, and cognitive assessments).

#### **Experienced in the assessment of:**

- **Child mental health:** such as developmental trauma and the impact of abuse, neglect, and high conflict parenting. Attention Deficit Hyperactivity Disorder, Autism Spectrum Disorder, mood disorders and behaviours that challenge adults.
- **Adolescent mental health:** as per child mental health, and self-harm, and offending / behaviours that present a risk to others e.g., aggression and sexually harmful behaviour
- **Adult mental health:** such as PTSD and Complex PTSD & mood disorders, Personality Disorders, Learning difficulties, ASD, ADHD, Complex Presentations, substance misuse, behaviours that present a risk to others, high conflict parental separation.
- **Parenting:** in the context of mental health difficulties, substance misuse and high conflict separation.

#### **A psychological assessment concludes with an opinion on:**

- Emotional, cognitive, and behavioural development
- Risk of harm to others and risk of harm to self
- Analysis of any offending behaviour
- Relationships
- Attachment
- Strengths / resilience, coping methods
- Personality and Mental health
- A parent's capacity to understand and meet the needs of their children
- A parent's capacity to understand the concerns of others, reduce conflict with co-parents, achieve change and work with professionals
- Recommendations for evidence-based interventions

#### Experience and qualifications

### **Expert witness, Specialist Assessor, Clinical Supervisor and Consultant Clinical Psychologist**

Private Practice, London

2009-Present

- Expert witness work for the Court of Protection, Family Courts, and the Criminal Courts (including risk assessment, pre-sentencing reports, capacity and cognitive assessments).
- Offering coaching, bespoke training and clinical supervision to psychologists and third sector organisations.
- Specialising in neurodivergence, mental health and mental capacity.

### **Clinical Lead and Consultant Clinical Psychologist**

Carnaby Autism Support, UK

2020-2026

- Designing, leading and delivering on a specialist deaf neurodevelopmental assessment pathway for Autism, ADHD assessment and post diagnostic support.
- Conducting specialist/complex Autism, Learning Disability and Autism Assessments

### **Co-director and Consultant Clinical Psychologist**

Health Foundation, London

2021-2023

- Jointly leading a team to deliver a co-produced service innovation in the Royal Borough of Greenwich, funded by the Health Foundation, to improve learning disability services and staff well-being, alongside arts organisation, Heart n Soul.

### **Consultant Clinical Psychologist**

Young People in Transition and Adult Learning Disabilities

Central London Community Healthcare Trust

2020 – 2021

- Clinical lead for autism and learning disability psychology services across Westminster and Hammersmith and Fulham health and social care
- Designing and delivering care initiatives for those with the most complex needs, managing the risk register and co-ordinating crisis care

### **Honorary Senior Lecturer**

Professional Doctorate in Clinical Psychology

University College London

2019-2021

- Leading on teaching in leadership and service design, learning disabilities and autism.

### **Lead Clinical Psychologist**

Westminster Learning Disability Partnership, NHS

2016-2020

- Co-ordination of the clinical psychology service and clinical lead for people with complex needs.
- Specialist role in the assessment of mental capacity and best interests for the Courts, including parenting.
- Clinical supervision of clinical psychologists in health and social care
- Training of mental health clinicians in working with complex presentations

### **Specialist Consultant**

Wellcome Trust

2018-2021

- Part of a multi-disciplinary team of academics, artists and designers delivering on a 3-year research and public engagement programme on topics related to learning disability, autism and well-being.

**Academic Tutor/Senior Lecturer**

Professional Doctorate in Clinical Psychology, University of East London  
2014– 2017

- Designing and delivering specialist teaching on leadership, service design and innovation and working with people with learning disabilities.

**Guest Lecturer**

Radboud University Nijmegen (Netherlands) and University of Kent  
2010-2013

- Designing and delivering specialist teaching on mental health.

**Highly Specialist Clinical Psychologist**

Central London Community Healthcare  
2009-2016

- Tier 3 LD psychologist working with young people, adults and their families.
- Offering specialist diagnostic assessment, consultation and therapy for people with complex needs

**Doctorate in Clinical Psychology (DClinPsy)**

University of East London  
Camden and Islington Mental Health and Social Care Trust  
2009-2016

- Specialist mental health treatment for people with long term CMHT involvement
- Paediatric Psychology support at Chelsea and Westminster Hospital
- Forensic care at the John Howard Centre (Medium Secure Unit)
- Early Intervention to Psychosis CBT interventions

**Psychologist**

Westminster PCT  
Mental health and Autism  
2002-2006

- Specialist assessment of learning disability
- Provision of challenging behaviour support to people with the more complex needs

**Qualifications and selected further training**

2002	BA Psychology (hons) 2:1 University of Essex
2006	Foundation in Systemic and Organisational Practice Kensington Consultation Centre
2009	Professional Doctorate in Clinical Psychology University of East London
2011	ADI-r and ADOS training Safeguarding Adults Management training
2014	Best Interests Assessment, DOLS Risk assessment and forensic issues

2016	Delivering Active Support, Tizard Centre
2017	Attachment and PBS
2018	Neuropsychological approaches to LD
2019	Advances in PBS
2020	Online assessment approaches
2023	Various supervisor trainings
	Systemic practice and organisational consultation
	Assessment of ADHD
2024	Coaching skills for psychologists
	Advances in Autism assessment
2025	Advanced assessment in ADHD
	Trauma Informed Safeguarding
	Working with demand avoidance
2026	Working with trauma and neurodivergence

### Professional registration

Registered Clinical Psychologist with the Health and Care Professions Council (HCPC), check online, <https://www.hcpc-uk.org/check/>