

# Dr Richard Bailie Ltd

Clinical Psychologists offering assessment, training and therapy

## Dr Ann Steele

BSc(Hons First Class), Msc Oxon, DPhil Oxon, DClinPsy, BABCP Accred.

Clinical Psychologist

## Curriculum Vitae

### Summary

I provide Expert Witness reports for the Courts. I have significant experience in conducting standardised assessments both in a research and clinical capacity, as well as in analysing, interpreting and disseminating results in a variety of formats.

I have particular expertise in the psychological assessment, formulation and treatment of complex mental health problems including trauma, psychosis and mood disorders. I am experienced in providing assessments of neurodivergence, including autism and ADHD. Furthermore, in my independent practice I provide psychological therapy for adults and training for professionals in psychological treatments for complex mental health problems.

I am trained by Dr Richard Bailie in using a **multi-modal and multi-informant model of assessment** that ensures the consistent and comprehensive assessment of children and their parents for pre-proceedings and the Courts. This model promotes a high level of engagement with families. Psychological opinion is evidence-based and transparent. The instructions are answered fully.

For **children and adults** I conduct a psychological assessment that concludes with an opinion on an individual's:

- Emotional, cognitive and behavioural development
- Risk of harm to others and risk of harm to self
- Analysis of offending behaviour
- Relationships
- Attachment
- Strengths / resilience, coping methods
- Personality
- Mental health
- Capacity to understand the concerns of others, achieve change and work with professionals
- A parent's capacity to understand and meet the needs of their children

I am experienced in assessing and providing psychological therapy for:

- **Adolescent and adult mental health:** (trauma, mood disorders, psychosis, anxiety and physical health issues).
- **Neurodivergence:** including autism and ADHD.



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## Experience and qualifications

### **2022 – Present: Associate with Dr Richard Bailie Ltd**

Undertaking psychological assessments for pre-proceedings and in care proceedings.

### **2021 – Present: Clinical Psychologist in Private Practice**

Providing psychological therapy for a range of mental health conditions.

*East Sussex Clinical Psychology Services Limited*

### **2021 – Present: Supervisor and Tutor**

CBT for psychosis and bipolar disorder PG Diploma & Certificate Training

*Greater Manchester Mental Health NHS Foundation Trust*

### **2022 – 2024: Associate with RTN Mental Health Solutions**

Undertaking comprehensive multi-disciplinary team assessments of neurodivergence including autism and ADHD.

### **2021 – 2024: Trial Therapist**

STAR Trial - Trauma-Focused Cognitive Behaviour Therapy for Psychosis (TF-CBTp)

*Sussex Partnership NHS Foundation Trust.*

### **2021 – 2023: Senior Clinical Psychologist & Trainer**

Psychosis & Bipolar Disorder Training Workshops

*Health Education England*

### **2018 – 2021: Senior Clinical Psychologist in Clinical Health Psychology**

*Sussex Partnership NHS Foundation Trust*

### **2019 – 2021 Clinical Affiliate High Intensity Cognitive Behaviour Therapist**

*IESO Digital Health, for IAPT*

### **2014 – 2018: Research Clinical Psychologist/ CBT Trial Therapist**

*Psychosis Research Unit, Greater Manchester Mental Health NHS FT*

### **2010 – 2011: Research Project Manager**

*Unit for Social and Community Psychiatry, Queen Mary University of London*

**Dr Ann Steele**

All enquiries

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## Selected training

- The Autism Diagnostic Observation Schedule – 2nd Edition (ADOS-2).
- The Autism Diagnostic Interview – Revised (ADI-R).
- The Royal College of Psychiatrists Interview Guide for the Diagnostic Assessment of Able Adults with Autism Spectrum Disorder.
- ADHD Child Evaluation version 2 (ACEv.2).
- ACE+ version 2: A Diagnostic Interview of ADHD in Adults (ACE+v.2).
- The Diagnostic Interview for ADHD in Adults (DIVA-5).
- Eye Movement Desensitisation Reprocessing (EMDR) Parts 1, 2 & 3 Training. *Sandi Richman EMDR Training 2022-2023.*
- Trauma-Focused Cognitive Behaviour Therapy for Psychosis (TF-CBTp). *STAR Research Trial, Kings College London 2021.*
- Acceptance & Commitment Therapy (ACT) Training & Workshops. *Joe Oliver & Richard Bennett, Think Psychology 2021.*
- Introduction to Cognitive Analytic Therapy (CAT). *Association for Cognitive Analytic Therapy (ACAT) 2021.*
- Pain Management Programme Education Day. *INPUT Pain Management, Guys & St Thomas' NHS FT 2021.*
- CBT Workshops in Imagery; OCD; PTSD; Health Anxiety; ACT; & CFT; *British Association of Behavioural and Cognitive Psychotherapy (BABCP) 2018 – 2021.*
- Essential Supervision Skills, BPS Approved Certificate in Clinical Supervision. *SDS Seminars Ltd 2018.*
- CBT Boot Camp 2.0. *Dr Christine Padesky 2016.*
- Cognitive Behaviour Therapy for Psychosis (CBTp) Training *Psychosis Research Unit, University of Manchester, GMMH NHS FT, 2014.*
- Mindfulness-Based Cognitive Therapy Programme. *Institute of Psychiatry 2013.*

## Additional teaching and supervising

- Teacher of CBT for Psychosis module. *University of Liverpool DClinPsy Programme 2017-2018.*
- Speaker/ Trainer on Psychosis and Bipolar Disorder Courses. *Recovery Academy, Greater Manchester Mental Health NHS FT 2016-2018.*
- Supervisor of Assistant Psychologists. *Psychosis Research Unit, Greater Manchester Mental Health NHS FT 2016-2018.*
- Tutor of Brain and Behaviour. *Oxford University Programme for Undergraduate Students 2009-2010.*
- Tutor of Developmental Psychology. *Department of Experimental Psychology, University of Oxford 2008-2010.*

## Publications

- Holmes, E., Lang, T., Moulds, M., & **Steele, A.** (2008). Prospective and positive mental imagery deficits in dysphoria. *Behaviour Research and Therapy*, 46, 976-981.
- Scerif, G. & **Steele, A.** (2011). Neurocognitive development of attention across genetic syndromes: Inspecting a disorder's dynamics through the lens of others.

- In O Braddick, G Innocenti, and J Atkinson (Eds.), Gene Expression to Neurobiology and Behavior: Human Brain Development and Developmental Disorders. *Progress in Brain Research*, 189, 285-301.
- **Steele, A.**, Brown, J., & Scerif, G. (2011). Integrating general and specific developmental processes: Cross-syndrome, cross-domain dynamics. In E.K. Farran and A. Karmiloff-Smith (Eds.). *Neurodevelopmental disorders across the lifespan: A Neuroconstructivist approach*, pp. 339-362. Oxford: Oxford University Press.
  - **Steele, A.**, Karmiloff-Smith, A., Cornish, K.M. & Scerif, G. (2012). The multiple sub-functions of attention: Differential developmental gateways to literacy and numeracy. *Child Development*, 83, 2028-2041.
  - Cornish, K., **Steele, A.**, Monteiro, C. R., Karmiloff-Smith, A., & Scerif, G. (2012). Attention deficits predict phenotypic outcomes in syndrome-specific and domain-specific ways. *Frontiers in Psychology*, 3, 227.
  - **Steele, A.**, Scerif, G., Cornish, K. M., & Karmiloff-Smith, A. (2013). Learning to read in Williams syndrome and Down syndrome: Syndrome-specific precursors and developmental trajectories. *Journal of Child Psychology and Psychiatry*, 54(7), 754-762.
  - **Steele, A.**, Lynch, S., & Brown, J. S. L. (2015). Factors influencing the effectiveness of a one-day CBT for insomnia workshop. *Journal of Sleep and Sleep Disorder Research*, 1(1), 15.
  - Wellman, J., Barter, B., & **Steele, A.** (2015). Group top-up therapy for service users. *Learning Disability Practice*, 18(8), 33.
  - Palmier-Claus, J., Griffiths, R., Murphy, E., Parker, S., Longden, E., Bowe, S., **Steele, A.**, French, P., Morrison, A. & Tai, S. (2017). Cognitive behavioural therapy for thought disorder in psychosis. *Psychosis; Psychological, Social and Integrative Approaches*, 9(4), 347-357.
  - Morrison, A. P., Pyle, M., Gumley, A., Schwannauer, M., Turkington, D., MacLennan, G., Norrie, J., Hudson, J., Bowe, S. E., French, P., Byrne, R., Syrett, S., Dudley, R., McLeod, H. J., Griffiths, H., Barnes, T. R. E., Davies, L., Kingdon, D.; FOCUS trial group (Aydinlar, S., Courtley, J., Douglas-Bailey, M., Graves, E., Holden, N., Hutton, J., Hutton, P., Irving, S., Jackson, C., Lebert, T., Mander, H., McCartney, L., Munro-Clark, T., Murphy, E. K., Spanswick, M., **Steele, A.**, Tip, L., Tully, S.). (2018). Cognitive behavioural therapy in clozapine-resistant schizophrenia (FOCUS): an assessor-blinded, randomised controlled trial. *The Lancet Psychiatry*, 5(8), 633 - 643.
  - Morrison, A. P., Law, H., Carter, L., Sellers, R., Emsley, R., Pyle, M., French, P., Shiers, D., Yung, A., Murphy, E. K., Holden, N., **Steele, A.**, Bowe, S. E., Palmier-Claus, J., Brooks, V., Byrne, R., Davies, L. & Haddad, P. (2018). Antipsychotic drugs versus cognitive behavioural therapy versus a combination of both in people with psychosis: a randomised controlled pilot and feasibility study. *The Lancet Psychiatry*, 5(5), 411 – 423.
  - **Steele, A.**, Chadwick, P., & McCabe, R. (2018). Let's talk about psychosis. *Clinical Schizophrenia and Related Psychoses*, 12(2), 69-76.
  - Shalev, N., **Steele, A.**, Nobre, A. C., Karmiloff-Smith, A., Cornish, K., & Scerif, G. (2019). Dynamic sustained attention markers differentiate atypical development: The case of Williams syndrome and Down's syndrome. *Neuropsychologia*. 132:107148.
  - Fowler, D., Hodgekins, J., Berry, C., Clarke, T., Palmier-Claus, J., Sacadura, C., Graham, A., Lowen, C., **Steele, A.**, Pugh, K., Fraser, S., Fitzsimmons, M. & French, P. (2019). Social recovery therapy: a treatment manual, *Psychosis*, 11:3, 261 – 272.
  - Morrison, A. P., Pyle, M., Maughan, D., Johns, L., Freeman, D., Broome, M. R., Husain, N., Fowler, D., Hudson, J., MacLennan, G., Norrie, J., Shiers, D., Hollis, C., James, A., **MAPS group**, and Whale, R. (2020). Antipsychotic medication

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versus psychological intervention versus a combination of both in adolescents with first-episode psychosis (MAPS): a multicentre, three-arm, randomised controlled pilot and feasibility study. <https://doi.org/10.1111/papt.12331> *The Lancet Psychiatry*, 7 (9), 788-800.

- Longden, E., Corstens, D., Morrison, A.P., Larkin, A., Murphy, E., Holden, N., **Steele, A.**, Branitsky, A. and Bowe, S. (2021), A treatment protocol to guide the delivery of dialogical engagement with auditory hallucinations: Experience from the Talking With Voices pilot trial. *Psychol Psychother Theory Res Pract*, 94: 558-572.
- Langman-Levy, A., Johns, L., Palmier-Claus, J., Sacadura, C., **Steele, A.**, Larkin, A., Murphy, E., Bowe, S. & Morrison, A. (2022): Adapting cognitive behavioural therapy for adolescents with psychosis: insights from the Managing Adolescent first episode in psychosis study (MAPS), *Psychosis*, DOI: 10.1080/17522439.2021.2001561

## Awards and honours

- Leathersellers' Graduate Scholarship for Science 2008 – 2010.  
*St Catherine's College, University of Oxford*
- Brain Travel Grant 2009.  
*Guarantors of Brain, UCL Institute of Cognitive Neuroscience*
- Awardee of John Merck Fund 2009.  
*Summer Institute on the Biology of Developmental Disabilities, Cornell University, USA*
- Les Fountain Bursary 2009.  
*Society for the Study of Behavioural Phenotypes*
- Travel Award 2006.  
*Jesus College, University of Oxford*

## Professional registration

Registered Clinical Psychologist with the Health and Care Professions Council (HCPC), check online, <https://www.hcpc-uk.org/check/>. Registration number: PYL31491

BABCP accreditation: 180387